

## Services for Families



Need help with financing kids' sports? Click here

<http://jumpstart.canadiantire.ca/content/microsites/jumpstart/en.html#apply>



Help with *emotional well-being*: Canadian Mental Health Association

[For Families - CMHA Kelowna](#)



Aboriginal Family Support – Ki-Low-Na Friendship Society

<http://www.kfs.bc.ca/>



Child & Youth Mental Health – walk in clinic

[Child & Youth Mental Health - New Walk-In Clinic - Kelowna ...](#)



Help with Addictions? Family relationships? More? The Bridge!

<http://www.thebridgeservices.ca/>



Need in-home assistance for parenting, family dynamics?

[Ministry of Children and Family Development - Province of British ...](#)



In Crisis now? Click here

<http://cmhakilowna.com/contact-us/crisis-information/>



Need a break? Need family support? Canadian Mental Health Association – Kelowna and District Take a break support groups, family support

[Canadian Mental Health Association Kelowna & District Branch](#)

...



Need help with Daycare, Parenting?

[Kelowna Child Care Society - Parent Resources](#)



Is your child ill? Non-emergency help @ Health Link – call 811 or click here for free, non-emergency health info from a registered nurse or pharmacist for anyone in your family  
[www.healthlinkbc.ca](http://www.healthlinkbc.ca)



If your child is sick – for parents who need support

[Support for sick kid's family - Kelowna News - Castanet.net](http://www.kelownanews.com/castanet.net)



[Family Support - Family Support Institute of BC](http://www.family-support-institute.com)



**Abused? Need a womens' shelter? Click here.**

<https://kelownawomensshelter.ca/>



**Support for those in abusive situations. Elizabeth Fry Society.**

<http://www.empowerific.com/>



Food and help for people with social and economic problems, who are in emergency situations.

<https://kelowna.cioc.ca/record/KNA0086>